

68% of UpRisers gained employment after completing the programme



UpRising Leadership Programme



What is the Leadership Programme about?

A nine month part time programme that fits around work, study or other commitments. You will:

- Learn about how change is made on a local, national and global level, from the companies and individuals who are doing it
- Run your own social action campaign on an issue that you care about
- Meet and build relationships with the UK's most senior leaders
- Visit national organisations and businesses
- Be individually matched with a coach and professional mentor

Find out more and register your interest

www.uprising.org.uk

 @UpRising_UK  UpRising UK  UpRising_UK

Are you aged 19-25?

Want to transform your community for the better?

Join our FREE 9-month programme

www.uprising.org.uk



"The programme unlocked qualities within me I never knew I had. My confidence increased, I developed many new skills and managed to contribute to my own social action campaign - possibly the proudest achievement of my life." Arshad Hussain

Can I apply?

- If you are aged 19-25
- Live, work or study in Bedford, Luton, London, Birmingham, Liverpool, Manchester or Stoke-on-Trent
- Have a passion to make a positive difference in your community

What will the programme offer you?

- The tools to shape and achieve your goals
- The skills to make a difference
- The confidence to reach your potential
- A boost to your career prospects
- The chance to meet like minded people
- Local and national visits to different institutions
- A mentor to support you professionally

Sessions are three hours each and take place one evening per week.

Leadership Programme Timetable	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	Jul
Apply for the programme	█										
Leadership Day Retreats		█									
Knowledge Sessions		█	█	█							
Skills Sessions			█	█	█	█					
Social Action Campaign					█	█	█	█	█	█	█
Dragons' Den Presentations							█	█			
Personal Coaching				█	█	█					
Professional Mentoring						█	█	█	█	█	█
Graduation											█
Join National Alumni Network											█

96% of UpRisers said the programme had increased the opportunities open to them for success

Apply now

1. Visit www.uprising.org.uk/apply
2. Fill out a short form
3. We will be in touch